



Central Mass Pop Warner
Football & Cheerleading
LEOMINSTER POP WARNER
2009 Season



Rules & Regulations

I. LOCAL RULES & POLICIES:

The Leominster Pop Warner Association has the right to implement rules and policies deemed necessary to ensure smooth management and integrity of the program (Football/Spiritleading)

1. Attendance in School: Any player absent from school should not be taking part in practice sessions/games. Head Coaches and parents will judge individual cases, and participating in a practice or game will be up to the discretion of the parent/guardian.
2. Trips to Athletic Contests: Only team personnel will be allowed on the team bus. All buses to athletic contests or events will have adult supervision such as parents/coaches or other responsible adults as deemed appropriate by the Head Coach. Any squad member who rides to an away game on the bus must return on the bus, unless parent s consent has been granted.
3. Registration/Medical Forms: Each athlete must have a signed parental consent form on file in order to participate in the program. All athletes are required to have medical approval prior to the first practice of the season.
4. Academic Requirements: All athletes are required to meet National Pop Warner academic requirements (Scholastic Fitness Form).
5. Responsibility for Equipment: Athletes are required to return, in acceptable condition, all equipment issued to them or to reimburse Leominster Pop Warner at current replacement cost of said equipment.

II. TEAM RULES:

The following rules are to followed by all Leominster Pop Warner athletes when in season (August 1st).

Violation of these rules may result in disciplinary action in the form of suspension (loss of eligibility to participate or expulsion from a team. Determination of the length of suspension will depend upon circumstances in the individual situation and the past record of the athlete involved. The Leominster Pop Warner Board of Directors must approve all disciplinary actions involving a suspension.

1. Smoking, using smokeless tobacco, drinking alcoholic beverages and/or using drugs or narcotics of any kind is not permitted.
2. Attendance at all practices, games and team meetings is expected unless absence has the prior approval of the coach. Each Athlete will be allowed up to five excused absences from August 1st on. (Religious observance is an exception). Leominster Pop Warner program begins August 1st. All athletes must be ready to commit to their team responsibilities at that time.
3. Hazing or "initiation" is strictly forbidden. All athletes will treat their fellow players and team coaches with respect.
4. The following behaviors are unacceptable:
 - a. Theft
 - b. Fighting/battery (with teammates, opponents, coaches, officials, spectators).
 - c. Vandalism/destruction of private/public property or equipment.
 - d. Insubordination
 - e. Intimidation, threats, obscene language, bodily harm, physical force
 - f. Abuse/misuse of athletic equipment
 - g. Use of vulgar, profane or abusive language
 - h. Lying to Board of Directors, coaches, teammates
 - i. Cheating, especially in the performance of athletic contest

III. DUE PROCESS PROCEDURES:

1. All disciplinary action must be communicated to the athlete and parent immediately, as well as to the Leominster Pop Warner Board of Directors.
2. The Board of Directors must approve all suspensions before becoming final.
3. Players and parents shall have the right to appeal any disciplinary suspensions. Such appeals shall be made initially to the Leominster Pop Warner Board of Directors and the Central Mass. League Board.
4. The Board of Directors reserves the right to intervene on behalf of any athlete where just cause exists in the eye of the parent or athlete.